



**VETERANS TIME TRIALS ASSOCIATION
(KENT GROUP)**

10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Course Q10/1

Ham Street – Cloverleaf – Johnsons Corner - Hamstreet

Sunday 28 July 2024 at 07:00

START SHEET

Timekeepers:

Start: Dave Mastin – Thanet RC

Finish: Paul Mepham - VTTA (Kent Grp.)

VTTA Awards - Veteran Riders

1 st on age adjusted time	£30
2 nd on age adjusted time	£20
3 rd on age adjusted time	£10
Fastest Open Vet on actual time	£15
Fastest Female Vet on actual time	£15
1 st Club Team of two on age adjusted time	£10 each

VTTA Awards - Non-Veteran Riders

Fastest Open	£15
Fastest Female	£15

(One award per rider, apart from team award)

Please note that VTTA members only are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vtta.org.uk and bringing proof of membership with you on the day.

VTTA EVENT SECRETARY: Robert Giles 91 Park Way, Coxheath, Maidstone, Kent. ME17 4EX

Mobile 07905 086613.

Email – robertggiles@icloud.com VTTA (Kent)

COMPETITORS NOTES

Covid-19 is still around and the CTT still have some guidance in place as follows:

Competitors should not attend if they feel ill in ANY way especially if they, or family members have any CV19 symptoms.

An elevated resting heart rate, or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1. **ALL** riders must wear protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start.
3. Parking is **not permitted in the vicinity of the start** or at the finish.
4. The start is about a mile from the event HQ, allow yourself at least 10 minutes to ride there.
5. Riders must not warm up on the course after the start.
6. It would be appreciated that riders do not wear shoe plates in the HQ.
7. Numbers will be at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to Highway Regulations and to CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ – Ham Street Sports Pavilion, Ham Street, Ashford, Kent TN26 2JH.

Post Code – TN26 2JH What3Words – misfits.headset.vacancies

SIGNING ON

Parking spaces are not allocated - please park as quickly and quietly as possible. Once parked, go to the pavilion, sign on and collect your race number. Changing facilities and toilets are available.

Turbo warmups are permitted within the car park.

HQ TO THE START - Turn left out of the car park onto The Street ride straight on up the hill, past Hamstreet railway station. Then after the road bridge turn right onto the link road to the A2070 where you will see the start.

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**. Failure to sign out **WILL result in DNF**.

RESULTS

Do not approach the timekeeper after finishing.

Results will be available on the day and will be published as soon as possible.

You are encouraged to stay for the prize giving.

COURSE DETAILS

Ham Street – Cloverleaf – Johnsons Corner (A2070) - Hamstreet

Start opposite the manhole cover approx 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070.

Proceed eastwards and turn left (M) onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn (M) and retrace south on A2070 to Johnson's Corner where left (M) onto old A2070 towards Hamstreet village to finish approx 50 yards before bridge over Royal Military Canal. (distance 10.05 miles)

START LIST

	Name		Class	Cat	Club	Vet Std	Start
1							07:01
2							07:02
3							07:03
4							07:04
5	Vernon	Thomas	Open	Vet	Greenwich Tritons Tri Club	00:32:13	07:05
6	Rowena	Howey	Fem	Vet	Southborough & Dist. Whs	00:29:34	07:06
7	Colin	Inett	Open	Vet	Thanet RC	00:33:13	07:07
8	Nigel	Fry	Open	Vet	Southborough & Dist. Whs	00:28:13	07:08
9	Owen	Davis	Open	Sen	Southborough & Dist. Whs	-	07:09
10	Fiona	Howarth	Fem	Vet	VC Deal	00:29:26	07:10
11	Adam	Goward	Open	Vet	Wealden Cycle Club	00:28:13	07:11
12	Shay	Giles	Open	Vet	Thanet RC	00:31:55	07:12
13	Pete	Elms	Open	Vet	Thanet RC	00:27:31	07:13
14	Debbie	Percival	Fem	Vet	Medway Velo Club	00:30:24	07:14
15	Tom	Richardson	Open	Vet	San Fairy Ann CC	00:28:42	07:15
16	Jeremy	Page	Open	Vet	Southborough & Dist. Whs	00:28:13	07:16
17	Tim	Kingston	Open	Vet	GS Invicta - Eye Level Optical- Herbert Cycles	00:26:41	07:17
18	Mark	Wright	Open	Vet	Ashford Whs	00:27:17	07:18
19	Andy	Burrows	Open	Vet	Thanet RC	00:32:32	07:19
20	Samuel	Robinson	Open	Sen	Ashford Whs	-	07:20
21	Tjeerd	Mijzen	Open	Vet	Hastings & St. Leonards CC	00:27:31	07:21
22	Avinash	Mahandru	Open	Sen	Parlay CC	-	07:22
23	Dave	Richards	Open	Vet	Abellio - SFA Racing Team	00:26:19	07:23
24	Mark	Amon	Open	Vet	Rye & District Wheelers CC	00:27:47	07:24
25	Paul	McDaid	Open	Vet	Southborough & Dist. Whs	00:27:17	07:25
26	Huseyin	Vardal	Open	Vet	Gemini BC	00:26:51	07:26
27	Mark	Cain	Open	Vet	Abellio - SFA Racing Team	00:26:36	07:27
28	Andrew	Besanko	Open	Vet	Southborough & Dist. Whs	00:26:19	07:28
29	Hannah	Graveney	Fem	Sen	Doltcini O'Shea Cycle Division	-	07:29
30	Kevin	Tye	Open	Vet	VeloRefined Rule 5	00:28:13	07:30
31	Paul	Burrows	Open	Vet	Thanet RC	00:26:31	07:31
32	Simon	Henderson	Open	Vet	Thanet RC	00:28:04	07:32
33	Maria	Sparks	Fem	Sen	Ashford Whs	-	07:33
34	Ron	Castelijm	Open	Vet	Hastings & St. Leonards CC	00:27:03	07:34
35	Mark	Hill	Open	Vet	VeloRefined Rule 5	00:27:31	07:35
36	Anthony	Westwood	Open	Vet	Gravesend CC	00:27:39	07:36
37	David	Prom	Open	Vet	Abellio - SFA Racing Team	00:27:10	07:37
38	Rob	Sparks	Open	Vet	Ashford Whs	00:26:10	07:38
39	Michael	Philpot	Open	Vet	Royal Navy Cycling (RNC)	00:28:13	07:39
40	Nicholas	Fennell	Open	Sen	Thanet RC	-	08:00